



# VI PEEL

## PATIENT INTAKE FORM

### Patient Intake Form

Name: \_\_\_\_\_ Age: \_\_\_\_\_ DOB: \_\_\_\_\_ SEX: \_\_\_ M \_\_\_ F Date: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ ST: \_\_\_\_\_ Zip: \_\_\_\_\_

Circle all skin concern(s) that you are seeking improvement upon.

PIGMENT      AGING      ACNE      ROSACEA      OTHER

Are you pregnant or breastfeeding?      YES      NO      If yes, you are contraindicated for a chemical peel.

Do you have permanent makeup?      YES      NO      Do you wear contacts?      YES      NO

Have you recently had facial or body waxing or used at home depilatories?      YES      NO

Do you currently have sunburn or wind burned skin?      YES      NO      **If yes, you are contraindicated.**

Do you have extended outdoor plans in the next 7 days?      YES      NO

Do you plan to participate in vigorous exercise in the next 72 hours?      YES      NO

Have you had any active skin care treatments in the past 21 days?      YES      NO      **If yes, how long ago?**

List all topical products applied in the last 7 days \_\_\_\_\_

List all prescription medications currently taken and in the past two weeks. \_\_\_\_\_

(Note: Patient MUST be off Accutane for 3-6 months prior to peeling) \_\_\_\_\_

Have you recently undergone any surgery or laser treatments in the area to be treated?      YES      NO

If yes, please provide detail \_\_\_\_\_

Do you receive injectables? (Botox, fillers)      YES      NO      Do you develop cold sores?      YES      NO

Do you have any known allergies or sensitivities? (Please list)

Describe your ethnic background (English, Hispanic, Italian, German, Asian, Native American, African American, etc.)

\_\_\_\_\_

How would you describe your skin?      SENSITIVE      NORMAL      RESILIENT

Phone Number: \_\_\_\_\_

Email Address: \_\_\_\_\_



# VI PEEL

To learn more and to place an order please visit [www.vipeel.com](http://www.vipeel.com)

Vitality Institute  
Los Angeles, CA 90038  
1.855.VI.Peels | 1.855.847.3357



FOR **Confident** SKIN



# VI PEEL

## VI Peel® Consent Form

Patient Name \_\_\_\_\_ Date \_\_\_\_\_

The VI Peel® contains a synergistic blend of powerful ingredients suitable for all skin types. VI Peel® will improve the tone, texture and clarity of the skin; reduce age spots, improve hyperpigmentation (including melasma), soften lines and wrinkles; clear acne skin conditions; reduce or eliminate acne scars; and stimulate the production of collagen, for firmer, more youthful skin.

**Contraindications:**

- Patients who are pregnant or who are breast feeding
- Patients who have an aspirin, hydroquinone or phenol allergy
- Patients who have used oral isotretinoin (Accutane) within the past 6 months
- Patients who have active cold sores, warts, open wounds or history of herpes simple
- Patients who are undergoing chemotherapy and or radiation therapy within 6 months
- Patients with a history of an autoimmune (i.e. Lupus) or liver disease/disorder as well as any condition that may weaken their immune system

\_\_\_\_\_ Prior to receiving treatment I have communicated with the Practitioner about any conditions or medications that may contraindicate this procedure.

\_\_\_\_\_ I understand that there may be some degree of discomfort such as burning, stinging, redness, heat or tightness during and a week after the procedure.

\_\_\_\_\_ I understand that there is no guarantee of the final results of the peel. Occasionally hyperpigmentation may develop which may persist for a week or months after the peel.

\_\_\_\_\_ I understand although complications are very rare, sometimes they may occur. In the event of any complications, I will immediately contact the Physician/Clinician who performed the treatment.

\_\_\_\_\_ I understand if I have any acne condition in the skin, the peel may bring out oils and bacteria from below the surface and can cause an actual breakout.

\_\_\_\_\_ I understand that maintenance of VI Peel® treatments are necessary to maintain results as well as the recommended VI Derm® skin care regimen and SPF 50+.

\_\_\_\_\_ I understand the extended direct sun exposure including tanning beds are strictly prohibited before and after receiving the VI Peel®.

\_\_\_\_\_ I understand no activities involving excessive sweating can be done for 72-96 hours (exercise, sauna, hot tub steam room and that overheating may cause me to develop blisters or cause hyperpigmentation to worsen.)

\_\_\_\_\_ I understand that I must protect my skin with VI Derm® SPF 50+and avoid sun exposure during the 7 day exfoliation process.

\_\_\_\_\_ I understand that this is an elective cosmetic procedure.

\_\_\_\_\_ I understand that no other chemical peels, facial machine brushes or medical device (laser, IPL, etc) treatments may be performed on my skin until my physician/clinician releases me to do so.

The nature and purpose of the treatment have been explained to me. I have read and understand this agreement in its entirety. All of my questions have been answered to my satisfaction and I consent to the terms of this agreement. Alternative methods of treatment and their risks and benefits have been explained to me and I understand that I have the right to refuse treatment.

Printed Patient Name \_\_\_\_\_

Patient Signature \_\_\_\_\_

Date \_\_\_\_\_

Printed Practitioner Name \_\_\_\_\_

Practitioner Signature \_\_\_\_\_

Date \_\_\_\_\_

PEEL TYPE: \_\_\_\_\_

LOT # \_\_\_\_\_

EXP DATE: \_\_\_\_\_



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FOR **Confident** SKIN



# VI Peel<sup>®</sup>

PRECISION PLUS

PATIENT INSTRUCTIONS

## Welcome to the VI Club

Follow these guidelines to help ensure radiant, healthy skin in just 7 days!

Maximize the effects of your VI Peel Precision Plus by incorporating the VI Derm skincare products.

**Happy Peeling!**

### What to expect after your VI Peel Precision Plus or VI Peel PURIFY Precision Plus treatment:

- Level of peeling may vary from flaking to heavy peeling
- May experience slight irritation, itchiness and inflammation
- Dark spots may temporarily darken
- If prone to cold sores the treatment may induce a breakout

#### **Important!**

Avoid activities that involve excessive sweating for 72-96 hours after the VI Peel (including exercising, saunas, hot tubs, and steam room).

Sun exposure should be avoided for 7 days after the VI Peel.

After application of each towelette wash hands with soap and water.

Stay hydrated and drink a lot of H<sub>2</sub>O!

#### **VI Derm Cleanser for All Skin Types**

Sulfate and paraben free. Effectively removes environmental pollutants, makeup, and impurities.

#### **VI Derm Post Peel Protectant**

A key component that calms inflammation and protects your skin after your VI Peel.

#### **VI Derm SPF 50+**

Broad spectrum protection from damaging UVA/UVB rays. Lightweight, hydrating, and protects against free radicals.

#### **Towelettes**

All post VI Peel towelettes are important to use within the first 36 hours. All five must be used (see directions) to help ensure optimal results.

## DAY 1: VI Peel Precision Plus Treatment Day

Do not apply anything to your skin for 4 hours post VI Peel, including the VI Derm SPF 50+.

### **FOUR HOURS POST TREATMENT**

#### **STEP 1:**

You may leave the VI Peel Precision Plus solution on for over 4 hours or cleanse skin. Please do not use hot water if you do choose to cleanse. Gently pat skin dry. Always follow your practitioner's guidelines.

#### **STEP 2:**

Apply 1st VI Peel towelette (dark green) to all areas where the peel was applied. Rub vigorously.

#### **STEP 3:**

For darker skin tones: Apply the Post Peel Protectant 10 minutes after the 1st towelette has been applied. Always follow your practitioner's guidelines.

**You may apply makeup as normal if desired.** 

### **DAY 2**

#### **STEP 1:**

Good morning! Cleanse your skin with VI Derm Cleanser. Do not use hot water. Gently pat skin dry.

#### **STEP 2:**

Apply a thin layer of the VI Derm Post Peel Protectant. Apply 2-4 times per day or as often as needed.

#### **STEP 3:**

Apply VI Derm SPF 50+. This is very important even if it's not sunny outside. Apply 2-4 times per day. Have a wonderful day!

### **NIGHT 2 (1 hour before bed)**

#### **STEP 1:**

Cleanse your skin with VI Derm Cleanser. Do not use hot water. Gently pat skin dry.

#### **STEP 2:**

Apply the Precision Plus towelette (lime green). Rub vigorously and do not wash off.

#### **STEP 3:**

Wait a half hour then apply the 3rd VI Peel towelette (dark green). Rub vigorously and do not wash off. Sleep tight!

### **NIGHT 1 (1 hour before bed)**

#### **STEP 1:**

Cleanse your skin with VI Derm Cleanser. Do not use hot water. Gently pat skin dry.

#### **STEP 2:**

Apply the Precision Plus towelette (lime green). Rub vigorously and do not wash off.

#### **STEP 3:**

Wait a half hour then apply the 2nd VI Peel towelette (dark green). Rub vigorously and do not wash off. Sweet dreams!

## **DAYS 3-7: Peeling usually begins by day 3**

Do not pick off peeling skin. This can cause irritation, scarring and pigmentation.

### **DAYS 3-7**

#### **STEP 1:**

Every morning and night cleanse your skin with VI Derm Cleanser. Do not use hot water. Gently pat skin dry.

#### **STEP 2:**

Apply VI Derm Post Peel Protectant 2-4 times per day or as often as needed.

#### **STEP 3:**

Apply VI Derm SPF 50+ 2-4 times per day.